

Being in Touch with God through Creation

St Finbars Glenbrook Parish Reflection Day

led by Cecilia Zammit and Melissa McDonald

You are invited to join us for our **Parish Advent Retreat on 4th December 2021, from 10.30am - 4pm**, followed by the Advent Vigil Mass at 5.30pm. The goal of our Advent Retreat is to reflect on the Birth of Jesus. Advent is the beginning of the new Liturgical Year. The incarnation of the Son of God renews the cosmos, creation, and humanity. Hence, we can come in touch with God through reflection on creation and through prayer, walking meditation in the garden with the Stations of the Cross which surround the church and through the reading of Scripture and quiet meditative examen of conscience.

Morning tea and lunch provided (parish hall)

Cost: 5 AUD, for catering purpose please RSVP by 29/11 via secretary@stfinbars.org.au

Please come in comfortable clothing as we may spend some time outside (e.g., praying with whole body outside and quiet walk through the meditative garden which surrounds the church).

After the conclusion of the retreat at 4pm, you may want to walk in the nearby bushland prior to the Vigil mass at 5.30pm.

TOPICS

FINDING GOD IN ALL THINGS - SEASON OF CREATION - BEING MADE IN GOD'S IMAGE AND WHAT IS OUR IMAGE OF GOD - CARE FOR OUR COMMON HOME - IRENAEUS, INCARNATION AND INTEGRAL ECOLOGY

